

Little Friends Nursery



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast 8:00AM	-Various Cereal(Rice Krispie, Cornflakes, Honey/Multigrain Cheerio's, Weetabix) - Toast with chosen spread(Fruit conserve) - Porridge - Milk - Water				
Snack 10:00AM	-Mixed Fruit -Crackers & Breadstick - Vegetables Stick -Milk -Water				
Lunch 12:00PM	Roast Chicken with Vegetables and Potatoes	Ratatouille (Traditional Vegetable Stew)	Spaghetti Bolognese with Vegetable Salad	Creamy Vegetable Soup with Garlic Bread	Home Made Beef Burgers with Chips and Vegetable Salad
Dessert	Natural Yoghurt with Selection of Fruits (Strawberry, Banana, Blueberry)	Strawberry Jelly	Home Made Chocolate Pudding	Pan Cake with Honey	Strawberry Cheesecake
Snack 2:30PM	-Mixed Fruit -Crackers & Breadstick - Vegetables Stick -Milk -Water				
Tea Time 4:00PM	Chicken Vegetables Soup with Toasted Bread with Olive Oils	Creamy Mushroom Chicken Pasta with vegetables sticks	Cheese and Vegetable Omelette	Jacket Potatoes with home-baked beans	Veggie Egg-Fried Rice

ALL FOOD PROVIDED IS HALAL AND NUT FREE.

VEGETARIAN OPTIONS ARE AVAILABLE BY REQUEST